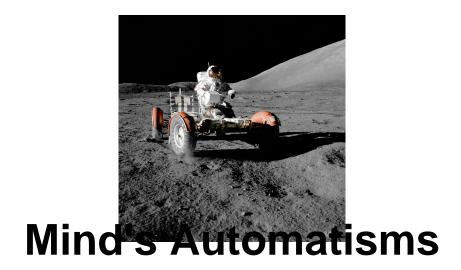
https://universealive.org/?Mind-s-Automatisms



- 05 - Synchronicity and World -



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## **Mind's Automatisms**

When I write with a keyboard or with my hand, after learning to write, I hardly care about my gestures. But after I just have to remember the signs that I want to write. My mind does the rest.

When I walk, my mind can thus get me the way that were unknown to me without me noticing it. I'm surprised to be lost. The automatisms of our mind are used to lead us more easily to the path we wanted.

How come That I don't aware of everything I'm doing? Soul avoids this automated part of mind to. It gives us what we see and what we want.