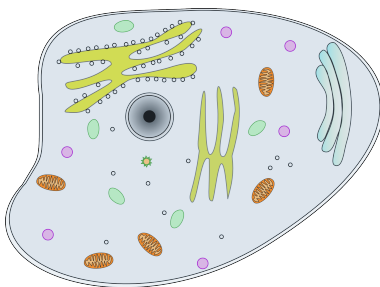


<https://universealive.org/?Gestalt-Therapy>



Gestalt Therapy

- 04 - Medical and Holomovement -



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Gestalt Therapy deals with the holistic, that is being fully. We try to find what could be best to find that we don't know based on that we know, the environment. Then we apply a gait according to the Gestalt training.

Gestalt Therapy is to study direct links between environment and body to repair body and mind. Scanning the brain processes makes us finding shape's similarities between the mind and the environment.